



# ROPEWORKS

***World Champion René Bibaud shares the life lessons that inspired her to achieve her dreams.***

At age ten, René Bibaud did not make her school's Hot Dogs jump rope team. Defeat transformed into determination and now, she has won five world championships; toured the world as a coach and a performer for Cirque du Soleil; and has appeared on television, in feature films, and on thousands of stages. In this outstanding program, René shares the wonderful lessons she learned that give her a passion to always give her best.



***This fun and powerful 45-minute program promises to enthrall and motivate students.***

With a blend of dazzling performance, captivating storytelling, and audience participation, René delivers an invaluable program for students and educators. René combines her experience as a professional jump roper, educator, entertainer, and role model to advocate character development and good work ethic. She also incorporates amazing techniques and moves that students can use for a lifetime of fitness.



***This motivating assembly teaches how to work toward a personal best in all aspects of life.***

René's mission is to share fitness and positive life messages with people across the United States. This unique performance of athleticism and pertinent experience is a must-see that takes jumping rope to a new level. Students and educators alike will gain skills to boost confidence and personal health, even outside the classroom.





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## *Program Specifications*

### **Please Provide:**

**Equipment:** LCD Projector with DVD player (and sound) and screen or wall to project on to. Sound System with Microphone that works well.

**Space Requirements:** 20'x20' minimum. Audience seated in rows facing forward with a small middle lane for volunteers to walk toward performance area.

**45 minutes before show time:** Please have LCD projector, DVD, Screen, Sound system and microphone set up and in working order before René arrives. Please run a test to be sure.

**30 minutes before show time:** René will arrive, change, lay out ropes, and help with seating arrangement. She will give you the DVD for the performance. Please check the sound and visual through the LCD projector. Please check the sound system. René will then sound check the microphone.

**15 minutes before show time:** Please check with René to see if she needs a volunteer to help during the show with playing music and turning the lights off and on.

**Showtime: *Please ask a PTA member, Principal or Physical Education to introduce René as follows:*** “Have you ever met someone who jumps rope for a living? What about someone who joined the Circus? Rene “Beebo” did. She is our guest today—and she’s going to perform her rope jumping magic just for you. She’s also going to teach you some very cool moves with a rope. Rene has won numerous world championships and has traveled the world performing her rope jumping skills. So get ready to listen, as Rene tells us how she became a professional rope jumper”