



# 3 Screens

## *“Images and Mirages” Discussion Guide*

*Intended for use as soon as possible after the assembly program.*

**Allow 15-20 minutes to discuss the following questions:**

If you don't have time for all of the following questions, choose those you think will be best in your situation:

1. What do you think were the best things said by those in the assembly program?
2. Have you done some things out of concern for your image?
3. What is the difference between your public image and your self-image? Which do you think is more important?
4. List some legitimate ways to improve or maintain your image?
5. How can we help others improve their self-image?
6. Which is better, a compliment on someone's looks or clothes, a compliment on something they achieve, or a compliment on something good they do for someone else? (All of these are good things to do, of course.)
7. What is a mirage? (Something that appears to be real, but turns out to be an illusion)
8. List some things that often seem to be answers to problems, but turn out to not to be what they appeared. How can we help each other avoid such mirages?
9. What are some ways we can help each other try to “reach for the stars” without “grasping at straws”?

Please encourage students to visit [www.HelpPatrickWalk.org](http://www.HelpPatrickWalk.org), and consider helping his family to raise funds for his physical therapy.

Support former Miss Virginia Tara Wheeler's cause at this link:

[http://www.stbaldricks.org/participants/shavee\\_info.php?ParticipantKey=2009-339663](http://www.stbaldricks.org/participants/shavee_info.php?ParticipantKey=2009-339663)