



Academic Entertainment

Outstanding School Assemblies

Anti-Bully: Facts and Fun!

Transform your school into a positive and empowered learning environment.

Anti-Bully: Facts and Fun! is an exciting, magical, and fun-filled program designed to educate about bullying. Through the use of comedy, magic, and role-playing with fun masks, students will learn what bullying is and how to identify it. They also learn techniques to help themselves and friends when being bullied and how to prevent bullying.



Students learn and practice techniques in this highly interactive program.

Students participate in the program through role-playing using masks. Games and role-playing are used to help them master the anti-bullying techniques introduced. This program also discusses: the different types of bullying behavior; how working together lessens bullying; how to open lines of communication; and how bystanders can help.

A complete, comprehensive, packed-with-fun 45 minutes.

Unique types of bullies are identified and discussed. Students learn tools to address psychological, emotional, and cyber bullying. Effective strategies leave students and staff feeling empowered and closer together.



AcademicEntertainment.com

800-883-9883



Anti-Bully: Facts and Fun!

Program Specifications

Presentation Time:

Forty-five to 60minutes.

Set-Up Time:

One Hour

Take-Down Time:

Thirty minutes.

Capacity:

Approximately 400 people.

Assembly Requirements:

- Please provide a sound system (only as a backup, if necessary)
- A heavy-duty extension cord and access to an electrical outlet.
- Three folding chairs.
- Please provide one bottle of water for the performer.





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Program Concepts

Bullying happens when: a person or group hurts or scares another person on purpose, and the person being picked-on is unable to defend himself or herself. Bullying is recurring; it usually happens over and over again.

We can't discern or tell who a bully is by the way a person looks.

The way a person behaves makes someone a bully. Some of the most common bullying behaviors include verbal bullying, physical bullying, intellectual bullying, social bullying and cyber bullying. All of these are serious behaviors and need to be addressed!

Bullying happens most frequently at school. Bullies choose places at school where they can find victims and where there is limited supervision. These places may include: the bus, the playground, the gym, the cafeteria, the bathroom, and hallways.

S.A.F.E. is an acronym to help remember what to do and how to act when being bullied. S.A.F.E. stands for: Speak up, Ask an adult for help, Find your role, End it quietly.

Sometimes we know about bullying happening to someone else. The person being bullied needs a H.E.R.O. step in! H.E.R.O. is another acronym to help remember what to do and how to act when bullying happens to someone else. H.E.R.O. stands for: Help out, Empathize, Report, Open communication.



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Stay S.A.F.E.!

Speak up: don't let the bully know you are willing to be a victim. Tell the bully in a firm voice they are not being funny or cool and walk away. This usually stops a new bullying situation from becoming a chronic problem.

Ask an adult for help: don't let the problem get out of hand. Adults can only help if they know about the problem. You will not be a tattletale if you ask for help with a bullying problem. Talk to an adult you trust and keep talking until you get the help you need. Parents, teachers, counselors, and principals are all people who care about your safety.

Find your role: Think of practical solutions to your bullying problem. Easily avoid the bully or do something to get away from the situation. Go toward a group of people if you are being bullied. Prevent bullying by hanging out with a group of friends when a bully is bothering you. Bullies rarely try to pick on people who are part of a group.

End it quietly: The bully knows his victim can't defend himself or herself. Fighting or screaming will only make the bully want to keep being nasty. Instead, get away from the bully in a calm way and get help from an adult.



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Be A H.E.R.O.!

Help out: If you know someone is being bullied, try to help the victim get away from the bully or find someone else who can.

Empathize: try to imagine how other people feel.

Report: Report any bullying you know about to an adult immediately.

Open communication: talk about bullying with teachers and classmates so that everyone knows what is expected and what to look out for.